



Grateful acknowledgment is made to Kingman Regional Medical Center for providing a gathering space for Sangha, and to area businesses for displaying promotional materials.



**Sangha**  
ecumenical  
buddhist practice



Noon - 12:30  
Introductory period

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12:30 - 1:00  
Meditation

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1:00 - 2:00  
Dharma reading and discussion:  
*Turning the Mind into an Ally* by  
Sakyong Mipham, Rinpoche

*Dedication of Merit*

By this merit may all attain omniscience.  
May it defeat the enemy, wrongdoing.  
From the stormy waves of birth, old age, sickness and  
death,  
from the ocean of **samsara** may all beings be free.  
By the confidence of the golden sun of the great East  
may the lotus garden of the **Rigdens'** wisdom bloom.  
May the dark ignorance of sentient beings be dispelled.  
May all beings enjoy profound, brilliant glory.

**Samsara:** The world of suffering and confusion as  
defined by Siddhartha Gautama, the historical first  
Buddha.

**Rigdens:** Legendary rulers of Shambhala (Shangri-la).